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Three Critical Areas:

* Contact/friend screen
  + Ask for permission to have access to your contacts
* Regimen Screen
  + Can add new regimen
  + Shows all regimens that are owned(includes two defaults)
* Video call
  + Prompts interval times interactive with the video
  + Skipping exercises
  + Add exercises to queue

Three Tasks:

* Add “Bob Schafer” to contacts into a workout regimen
* Enter exercises that you and your friend want to add to regimen
* Start video call & add “box jumps” to your regimen in call

Good Notes(from talking about design):

* Original planned to have one of the three critical areas be a workout screen where each attendee to that regimen would be able to vote on exercises
  + Deemed inefficient way to select workout and partners
    - Workout defined, so each attendee know what they signed up for
    - No conflicts, and more efficient since it is planned
  + Went against initial thought to opt for more controllable interface that controls all the regimens and allows one to edit to
* What should we allow them to edit in each Regimen?
  + Workout type, reps
  + Attendees
  + Constraints?

Paper Prototype Pictures:

| Contact Screen: (who is the app targeting?) |
| --- |
| Regimen Screen (Best way to collect user input): |
| Video Call: |

Link to Prototype:

<https://www.figma.com/proto/IV1t3Etw8E4PrlBeB0Xcwi/Prototype?node-id=2%3A4&scaling=scale-down>

Link to Figma Project: [https://www.figma.com/file/IV1t3Etw\8E4PrlBeB0Xcwi/Prototype?node-id=0%3A1](https://www.figma.com/file/IV1t3Etw8E4PrlBeB0Xcwi/Prototype?node-id=0%3A1)